

FEBRUARY 2024 NPHS LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			FEBRUARY 1 Pulled Pork on Bun Tater Tots Fresh Vegetable and Fresh Fruit Selection Milk	FEBRUARY 2 Chicken or Cheese Quesadilla Spanish Rice Fresh Vegetable and Fresh Fruit Selection Fruit Cup Milk
FEBRUARY 5 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	FEBRUARY 6 Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk	FEBRUARY 7 Pork Carnitas, Chicken or Bean Burrito Bowl Cilantro Rice Spanish Beans Corn Salsa Fruit Cup Variety of Milk	FEBRUARY 8 EARLY DISMISSAL NO LUNCH	FEBRUARY 9 General Tso Chicken with Rice and Fortune Cookie Steamed Broccoli Peach Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk
FEBRUARY 12 Max Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	FEBRUARY 13 Chicken Tenders with Dinner Roll Baked Sweet Potato Tabbouleh Salad 100% Apple Juice Variety of Milk	FEBRUARY 14 Grilled Cheese on Texas Toast with Tomato Soup 100% Fruit Punch Variety of Milk	FEBRUARY 15 Cheese Burger on Bun Tater Tots Fruit Cup Variety of Milk	FEBRUARY 16 NO SCHOOL
FEBRUARY 19 NO SCHOOL	FEBRUARY 20 Oven Roasted Chicken with Macaroni & Cheese and Dinner Roll Sweet & Sour Cucumber Salad 100% Apple Juice Variety of Milk	FEBRUARY 21 Beef or Bean Nachos Supreme Spanish Beans Fruit Cup Variety of Milk	FEBRUARY 22 Buffalo Chicken Wrap or Vegetarian Buffalo Wrap Cole Slaw Tossed Garden Salad 100% Fruit Punch Variety of Milk	FEBRUARY 23 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk

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FEBRUARY 26	FEBRUARY 27	FEBRUARY 28	FEBRUARY 29	
Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	Knights Chicken Bowl with Dinner Roll Tossed Garden Salad Fresh Vegetable and Fresh Fruit Selection Milk	Soft Shell Chicken or Bean Taco Southwest Beans Fruit Cup Variety of Milk	French Fry Bar with Soft Pretzel Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	

DAILY ALTERNATE ENTREES LINE 1

Hamburger or Cheeseburger
 Chicken Patty or Spicy Chicken Patty on Bun

DAILY ALTERNATE ENTREES LINE 2

Pizza Plain
 Monday, Wednesday and Friday – Pepperoni Pizza
 Tuesday and Thursday – Buffalo Chicken Pizza

LINE 3 & 4

Daily Menu

DAILY ALTERNATE VEGETARIAN ENTREES LINE 5

Peanut Butter and Jelly Sandwich
 Fruit Smoothie with Soft Pretzel or Yogurt Parfait
 Veggie Burger
 Assorted Salads may include Caesar salad, garden salad with egg
 Monday – Max Sticks with Marinara Sauce
 Tuesday – Buffalo Vegetarian Wrap
 Wednesday – Bean Burrito Bowl
 Thursday – Bosco Sticks with Marinara Sauce
 Friday – Chana Masala with Basmati Rice

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DAILY ALTERNATE GRAB & GO ENTREES LINE 6

Assorted Salads may include Caesar salad with chicken, garden salad with chicken

Assorted Salads may include Caesar salad, garden salad with egg

Cheese Hoagie

Monday – Popcorn Chicken with Dinner Roll

Tuesday – Buffalo Chicken Wrap

Wednesday – Pancakes with Sausage

Thursday – Chicken Nuggets with Dinner Roll

Friday – Chicken Tenders with Dinner Roll

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Variety of Milk: unflavored 1% Variety of Milk, unflavored fat free Variety of Milk, fat free chocolate Variety of Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**